

Chemical Peels

Number of Hours: 18 hours including Holidays and Professional Days.

Course Description: This course will introduce the students to advanced procedure such as chemical peeling. Professional chemical product knowledge and medi/spa. procedures/techniques will allow them to not only choose a chemical peel designed for skin type/condition, but customize a treatment addressing conf. scientific protocols and personalized post/care needs.

Course Content:

- Introduction to chemical peels products.
- In depth study of the sebum and Ph scale of the substance/skin.
- Ph & different products Ph
- Chemical peels classification.
- Appropriate patient for consultation/chemical treatment.
- Terminology usage for chemical peels.
- Standard protocols for peels (preparation, strategies,patient education)
- Complications and contraindications in chemical peels.
- Station preparation for chemical peels and other exfoliation- procedures
- Products name and protocols in the industry
- Practicum and case study evaluation

Instructional Technique: Lectures, Discussion groups, Video presentations, readings and current research, textbook questions, Sharing relevant experiences, role playing, educational outings.

Student Evaluation: Based on theory exam, practicum and case study.

Text & Materials: Chemical peels Manual, Chemical peel by Mark Rubin, printed hand outs,Scientific papers, clinical research statistic, chemical solutions,, gels mask or cream, surgical gloves, gauze squares, cotton type applicators, brush applicators, glass container, eye protection, skin ceuticals and other biocosmeceuticals.

Objectives / purpose: Upon completing this course, students should be able to:

- Understand and explain acid and skin Ph.
- Understand and explain chemical peels classification
- Choosing the correct peel for appropriate patient
- Define the role of priming the skin for peels
- Complete know-how for Alpha-Hydroxy peels
- Complete know-how for Beta - Salicylic acid peels
- Complete know-how for Jessner's peel
- Complete know-how for TCA
- Complete know-how for Phenol
- Perform correct scientific protocols avoiding complications
- Work with/under dermatologist supervision

Assignments & Marks

20% Due: part. assignment

40% Due: Theory exam

40 % Due: practicum exam

Assignment Expectations

Name of Assignment - 25 Marks

Due: Three different case study-true and false-Level 1 (very light & Light)

Name of Assignment - 25 Marks

Due: In real case study - true and false- Level 2 (medium & deep)

Name of Assignment - 50 Marks

Due: In real case study - Concept - Protocol with description, application and pre/post op care.